

The following infographics may be useful strategies to teach children about growth mindset.

GROWTH MINDSET & INCLUSION

INSTEAD OF THINKING...
(FIXED MINDSET)

- HE IS NOT READY FOR SCHOOL.
- WE DON'T HAVE ENOUGH RESOURCES.
- SHE NEEDS TO BE PULLED OUT TO A SEPARATE SETTING.
- I NEED MORE EDUCATION ASSISTANT TIME.
- WE HAVE TRIED THIS STRATEGY BEFORE.
- I WASN'T TRAINED FOR THIS.

TRY THINKING...
(GROWTH MINDSET)

- HOW CAN WE GET SCHOOL READY FOR HIM?
- WHAT CAN I DO WITH THE RESOURCES I HAVE?
- HOW CAN I MAKE SURE SHE HAS A SENSE OF BELONGING?
- WHAT CAN HE DO INDEPENDENTLY?
- DID ANY PART OF IT WORK?
- WHERE CAN I LEARN MORE?

WHEN A FLOWER DOESN'T BLOOM YOU FIX THE ENVIRONMENT IN WHICH IT GROWS, NOT THE FLOWER.

Alex Den Heijer



FREE DOWNLOAD: northstarpaths.com

GROWTH MINDSET SELF-TALK

ATTITUDE & EFFORT DETERMINE HOW MUCH I LEARN

I CAN **B**E BRAVE & STEP OUT OF MY COMFORT ZONE

CHALLENGES HELP ME GROW

I'LL TRY A **D**IFFERENT STRATEGY

EFFORT MAKES ME STRONGER

I CAN WELCOME **F**EEDBACK

GETTING BETTER TAKES TIME

HOW CAN I BUILD ON MY STRENGTHS?

I CAN CHOOSE A GROWTH MINDSET

LEARNING IS A **J**OURNEY

I CAN **K**EEP AN OPEN MIND

LEARNING IS MY GOAL ... NOT PERFECTION

MISTAKES HELP ME IMPROVE

NEW THINGS ARE OPPORTUNITIES FOR ME TO LEARN

IT'S **O**K TO NOT KNOW SOMETHING

WHEN I ASK **Q**UESTIONS, I LEARN

SUCCESS OF OTHERS INSPIRES ME

PLAN B MIGHT WORK

IT'S OKAY TO TAKE **R**ISKS

I CAN CHOOSE TO **T**RY AGAIN

UNSUCCESSFUL ATTEMPTS ARE ALL PART OF THE PROCESS

VALUABLE INFORMATION CAN BE FOUND IN EVERY FAILURE

WHAT CAN I LEARN FROM THIS?

XYZ DIDN'T WORK I'LL TRY ABC

I DON'T KNOW HOW TO DO THIS... **Y**ET!

ZANY IDEAS CAN LEAD TO AMAZING THINGS